



leapfrog 21.1km

Gordon's Bay

- Western Province Championship Race
- Coca-Cola League Event



LABOURWISE

Human Resources
Labour Law
Industrial Relations

10 KM RUN NOW INCLUDED!

- Coca-Cola League Event

Saturday

16 APRIL 2016

GORDON'S BAY PRIMARY SCHOOL

- START TIMES
LEAPFROG GORDON'S BAY 21.1 KM 7:00
LABOURWISE 10 KM RUN 7:30
- ENQUIRIES TOP EVENTS: 021 511 7130
- ONLINE ENTRIES www.topevents.co.za

Lucky Draw Prizes!

Closing date for manual pre-entries at Sportsmans Warehouse: 2 April 2016. Closing date for online entries: 10 April 2016
ENTRIES WILL BE TAKEN ON RACE DAY FOR BOTH THE LABOURWISE 10 KM RUN & LEAPFROG GORDON'S BAY 21.1 KM FROM 5:15 TO 6:45



THIS EVENT IS HELD UNDER THE RULES AND REGULATIONS OF IAAF, ASA AND WESTERN PROVINCE ATHLETICS & ORGANISED BY STRAND ATHLETICS CLUB

ENTRY FORM



INDICATE EVENT:

Please Tick

21.1KM

10KM

AGE CATEGORY:

10km Only

21.1km Only

14-19

16-19

20-39

40-49

50-59

60-69

70+

ID NUMBER:

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D.O.B:

D	D	M	M	Y	Y	Y	Y
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AGE:

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Please tick

MALE

FEMALE

SURNAME:

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FIRST NAME:

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ADDRESS:

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SUBURB:

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CODE:

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TEL: (W)

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CELL:

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EMAIL:

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DO YOU BELONG TO A RUNNING CLUB?

YES

NO

CLUB:

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2016 LIC NO:

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PROVINCE:

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T-SHIRT SIZE:

SMALL

MEDIUM

LARGE

XTRA LARGE

X-XTRA LARGE

NUMBER COLLECTION please tick

SPORTSMANS
WAREHOUSE
RONDEBOSCH

SPORTSMANS
WAREHOUSE
SOMERSET WEST

SPORTSMANS
WAREHOUSE
TYGERVALLEY

MEDICAL AID

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MEDICAL AID NUMBER

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EMERGENCY CONTACT PERSON

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CONTACT NO:

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PRE-ENTRIES: www.topevents.co.za

FAX ENTRIES:

Deposit in favour of:

TOP EVENTS

Bank: Nedbank

Branch: 104709

Account: 1047068907

Fax entry form & deposit slip to:

021 510 7230 (use entry number as reference number)



EVENT	FEE	TOTAL
21.1 km Run/Walk Licensed	R 70.00	
21.1 km Run/Walk Unlicensed	R 105.00	
21.1 km & 10 km Run/Walk 70+	FREE	
10 km Run/Walk Licensed	R 40.00	
10 km Run/Walk Unlicensed	R 60.00	
10 km Run/Walk Licensed Junior	R 25.00	
10 km Run/Walk Unlicensed Junior	R 35.00	
Moisture Management T-Shirt	R 180.00	
TOTAL		

A 14% service fee is charged when entering online

Closing date for manual pre-entries : 2 April 2016

Closing date for online entries: 10 April 2016

INDEMNITY / VRYWARING

I agree to enter and participate in the Leapfrog Gordon's Bay 21.1 km race and LabourWise 10 km run entirely at my own risk and indemnify the organisers, sponsors, WPA and any person assisting in the organisation of the race against any claim whatsoever. I understand that I must be medically fit to run this race. I declare that I am 14 years or older (10 km) or 16 years or older (21.1 km).

Signed: _____

Signature of parent or guardian
if under the age of 18: _____

HOW TO ENTER

ENTRIES

1. ONLINE

Enter online at www.topevents.co.za (should you have any enquiries about entering online, please contact Top Events on (021) 511 7130 or email info@topevents.co.za). Closing date for online entries, is midnight on Sunday 10 April 2016.

Please note if payment is not received within 7 days of entry, your entry will be deleted.

2. FAX

Complete your entry form and fax it along with your deposit slip to (021) 510 7230. Closing date for fax entries is 2 April 2016.

3. IN STORE ENTRIES

Hand deliver your entry form and cash to a cashier in any of the Sportsmans Warehouse stores marked below.

You will receive two till slips, one to be stapled onto your entry form and the other serves as proof of your entry.

Please bring this with you to the number collection. Closing date for in-store entries 2nd April 2016.

- Sportsmans Warehouse Rondebosch
- Sportsmans Warehouse Somerset Mall
- Sportsmans Warehouse Tygervalley
- Sportsmans Warehouse Tokai
- Sportsmans Warehouse Canal Walk
- Sportsmans Warehouse Sea Point
- Sportsmans Warehouse West Coast

4. ENTRY FEES ARE NON-REFUNDABLE

ENTRIES WILL BE TAKEN ON RACE DAY FOR BOTH THE LABOURWISE 10 KM RUN & LEAPFROG GORDON'S BAY 21.1 KM FROM 5:15 TO 6:45 AT GORDON'S BAY PRIMARY SCHOOL.

CONFIRMATION OF ENTRY

1. Fax, in-store and online entries will receive a confirmation e-mail (if an e-mail address is provided by you)
2. Prior to the number collection you will receive a sms indicating your race number and number collection venue selected on your entry form.
3. Please bring proof of your entry, e-mail confirmation or sms confirmation with you to the number collection at the store you selected on your entry form.

NUMBER COLLECTION

1. Number collection for fax, in-store and online entries will take place on Thursday 14th April and Friday 15th April 2016 from 10:00 - 17:00 at the following venues:

- Sportsmans Warehouse Rondebosch
- Sportsmans Warehouse Somerset Mall
- Sportsmans Warehouse Tygervalley

2. NUMBER COLLECTION IS COMPULSORY FOR ALL PRE-ENTRANTS!

START TIMES

1. 21.1 KM.....7:00 am Medals to all Leapfrog Gordon's Bay 21.1 km finishers.
2. 10 KM.....7:30 am Medals to all LabourWise 10 km finishers.

START VENUE

Both the 10 KM and 21.1 KM race will start and finish at the Gordon's Bay Primary School.

PRIZE MONEY STRUCTURE

The Leapfrog Gordon's Bay 21.1 KM race is a Western Province Championship race and there are WPA medals and incentive prizes in all age groups except for Juniors. Both the Leapfrog Gordon's Bay 21.1 KM & LabourWise 10KM races count for the Coca Cola League.

21.1KM MALE AND FEMALE

	1ST	2ND	3RD
20-39	R 1200	R 800	R 600
JUNIOR 16-19	R 400	R 200	R 100
40-49	R 800	R 600	R 400
50-59	R 600	R 400	R 200
60+	R 300	R 200	R 100

10 KM MALE AND FEMALE

	1ST	2ND	3RD
20-39	R 250	R 200	R 150
JUNIOR 14-19	R 200	R 150	R 100
40-49	R 200	R 150	R 100
50-59	R 200	R 150	R 100
60+	R 200	R 150	R 100

RACE RULES

1. Minimum age on race day for 21.1 KM is 16 years & for the 10 KM 14 years.
2. Participants must obey instructions of Marshalls and traffic officers.
3. Licensed athletes should compete in official club colours and must display unaltered license numbers, valid for 2016, on the front and back of running vests. In addition to entering the race, unlicensed participants must purchase a Temporary Licence which must be worn on the back.
4. Official event race numbers to be worn on the front and a 2016 licence number on the back of the vest.
5. In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
6. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
7. Juniors born 1997 or later must display category tags "J" to qualify for age group prizes.
8. Entry cards must be carried for the duration of the race. Any participant not able to produce a finishing card, when asked to do so by a race official, may be disqualified.
9. No personal seconding will be permitted, except at official refreshment stations.
10. Time limit for the 21.1 KM is 3:30 hours & time limit for the 10 KM is 2 hours.
11. Tog bag facilities will be provided at own risk.
12. The organisers and WPA accept no responsibility for any accident or injury resulting from participation in the event.
13. For safety reasons, the use of personal music players during road races are strongly discouraged. Any person using such device in contravention of IAAF Rule 144.3b who fails to obey a reasonable instruction from a race official may be disqualified and shall not be eligible for individual or team prizes.
14. This event is held under the rules and regulations of IAAF, ASA and Western Province Athletics, and is organised by Strand Athletics Club
15. Prize giving will take place at 11:00



During the Cape midwinter the scenic seaside village of Gordon's Bay erupts into a fairyland of lights and friendly activity with the Winter Wonderland Festival of lights. Come visit us in gorgeous Gordon's Bay for days of fun, fresh air, good food, lovely accommodation and plenty of activities.

Winter Wonderland is a non-profit community initiative aimed at developing the village, while collecting much-needed funds for our local charities. The local residents are encouraged to take part in Winter Wonderland to promote community spirit and to provide the participants with an opportunity to offer their products and services to supplement their income.

The Winter Wonderland is an initiative of the Gordon's Bay Business Forum, which was established in 2009 to provide the local business people with a platform for the exchange of ideas and information.

The first Winter Wonderland Festival was held in 2010. With the support of Gordon's Bay Business Forum members and the local authorities, planning started a mere four months prior to the event with absolutely no funds, only a big dream and bags full of enthusiasm.

